

“It’s never too late?” Think again...

Don’t forget to have regular “Check-ups”



CHECK UP - MEN - AGE 18-39

Examinations

- Check-up Physical Examination
- Check-up Overall Evaluation
- Dietary and Nutritional Assessment
- Dental Examination

Radiological Imaging

- Abdominal and Pelvic Ultrasonography
- PA/L Lung Graphy

Heart Screening

- ECG (Electrocardiogram)
- Doppler Echocardiography + Color + M mode + B mode

Biochemical Analyses

- Complete Blood Count (Hemogram)
- Uric Acid
- Lactate Dehydrogenase
- PSA (Prostate Specific Antigen, Total)
- Free PSA (Free Prostate Specific Antigen)
- Sedimentation (ESR), 1h
- hsCRP (high sensitivity)
- Albumin

Vitamins & Minerals

- 25 Hydroxyvitamin D (Vitamin D3)
- Vitamin B12

Blood Lipids

- Total Cholesterol,
- Cholesterol-HDL (High density lipoprotein)
- Cholesterol-LDL (Low density lipoprotein)
- Triglycerides

Diabetes Screening Test

- Hemoglobin A1c (%)
- HOMA-R (Insulin Resistance, IR)

Liver Functions

- ALT/GPT Alanine Aminotransferase
- AST/GOT Aspartate Aminotransferase
- Alkaline Phosphatase

Renal Functions

- BUN (Blood Urine Nitrogen)
- Creatinine
- Urinalysis

Thyroid tests

- Thyroid Ultrasound,
- TSH

Stool tests

- Ova and Parasite Test + Stool Colored
- Hidden (occult) blood in stool sample

