

“It’s never too late?” Think again...

Don’t forget to have regular “Check-ups”



CHECK UP - WOMEN - AGE 18-39

Examinations

- Check-up Physical Examination
- Check-up Overall Evaluation
- Dietary and Nutritional Assessment
- Gynecological Examination
- Dental Examination

Radiological Imaging

- Abdominal and Pelvic Ultrasonography
- PAVL Lung Graphy
- Breast Ultrasonography (bilateral) -RD

Heart Screening

- ECG (Electrocardiogram)
- Doppler Echocardiography + Color + M mode + B mode

Biochemical Analyses

- Complete Blood Count (Hemogram)
- Uric Acid
- Albumin
- Lactate Dehydrogenase
- Sedimentation (ESR), 1h
- hsCRP (high sensitivity)

Vitamins & Minerals

- 25 Hydroxyvitamin D (Vitamin D3)
- Vitamin B12
- Folate
- Ferritine
- Iron (Fe)
- Total Iron Binding Capacity (TIBC)

Diabetes Screening Test

- HOMA-R (Insulin Resistance, IR)
- Hemoglobin A1c (%)

Blood Lipids

- Total Cholesterol,
- Cholesterol-HDL (High density lipoprotein)
- Cholesterol-LDL (Low density lipoprotein)
- Triglycerides

Liver Functions

- ALT/GPT Alanine Aminotransferase
- AST/GOT Aspartate Aminotransferase
- Alkaline Phosphatase

Renal Functions

- BUN (Blood Urine Nitrogen)
- Creatinine
- Urinalysis

Thyroid tests

- Thyroid Ultrasound,
- TSH

Stool tests

- Ova and Parasite Test + Stool Colored
- Hidden (occult) blood in stool sample

Gynecological Screening

- Cervical / Vaginal (Thin-Prep)
- HPV

